



SPOTLIGHT ON ALUMNI **Amber A.**



My name is Amber Adler, and I am an alcoholic. This disease of alcoholism controlled and destroyed my life for 18 years. I was born into a household with a father that suffered from the disease and I vowed that it would never happen to me. But alcoholism is powerful and mine manifested itself first as an eating disorder, and later in the form of drugs and alcohol. My story consists of failed relationships, homelessness, loss of children and family, jails, institutions, and loss of my peace and sanity. No one could trust me or wanted to. I was a shell of a person with nothing to offer to society or myself.

I woke up when I was 32 to an empty house; my boyfriend had taken our 18 month old sons to a hotel to shield them from another night of a drunken mother who was out of control. I lost everything I loved that night, and could not take being left with who I had become. I went into a program for 45 days and when it was time to leave I hoped to be accepted into Miriam's House.

I was blessed to spend the next 14 months at Miriam's House, where I experienced both the happiest and most difficult days of my life. Although I made mistakes along the way, I made enormous progress as well. I always had the support of the staff and the women of Miriam's House, who became my family, behind me. Today I have my children in my life. I will graduate in March of 2012 with an AA degree and a certification in Addiction Studies. I finally got my dream job working at Promises Treatment Centers, and have a solid foundation with a new found peace and serenity. I am forever grateful to the home I have since left, but will forever have at Miriam's House.



SPOTLIGHT ON OUR BOARD OF DIRECTORS **Patricia Meyers**



In 2006, Richard Rogg called to talk to me about his vision for a new program that would serve a much needed and undeserved population of people. His enthusiasm and passion for the mission of reuniting mothers and their children was so contagious that I didn't have to think twice when he asked me to get involved. I was honored that they felt that my personal and professional experience could be of service to Miriam's House. Further, having embarked on my own personal fifteen year journey into recovery after a twenty year struggle with a cocaine addiction has made my involvement with Miriam's House all that more rewarding.

Being a part of Miriam's House has allowed me to share my passion for supporting women in recovery by bringing 12 step panels and Narcotics Anonymous Basic Text studies to our community. I adore these women and their children, and have been able to really get to know them through our many outings. I have been graced to experience taking them to places like the Long Beach Aquarium, the zoo, bowling, and beach picnics. Watching them re-establish hope for future healthy relationships with themselves, their children and other women has meant more to me than words can describe.

As Clinical Admissions Director of Promises Treatment Centers, I am blessed to see miracles happen every day. I feel the same way about my good fortune to be a part of Miriam's House, and it has been nothing short of an honor to serve on the Board of the Promises Foundation for the last 3 years. Since its inception in 2006, I am proud to have bared witness to the work that has been done since. Each time I grace the doorstep to the house I know that my life will change for the better. Through this wonderful community I am able to gratefully be of service in a way that is deeply meaningful to me.



CELEBRATING SUCCESS!

- Miriam's House Residents Aimee P., Annie G., Holly P., Chantell H., Monique C. celebrate 1 year of continuous sobriety and complete the Miriam's House program.
- Thank you to host Bartels' Harley Davidson and the Messengers of Recovery for raising over \$5,000 for the women and children of Miriam's House during our 3rd Annual Poker Run on October 2nd.
- In Gratitude to Bright Horizons for adopting the Miriam's House families for the Holidays. The Bright Horizons Foundation for Children is a nonprofit organization focused on brightening the lives of children, youth, and families in crisis.
- A special thanks to our community partners who support the women and children of Miriam's House: Angel Step, Options for Recovery, Westside Partnerships for Families, The Sober Living Coalition, The Westside Hunger and Shelter Coalition.

CURRENT EVENTS

OCTOBER 28th – Bright Horizons donates costumes for the Miriam's House families to attend their Harvest Festival.

OCTOBER 28th – Alumni Veronica Torres was honored by the Westside Hunger and Shelter Coalition at their 16th Annual Celebrating Success Breakfast.

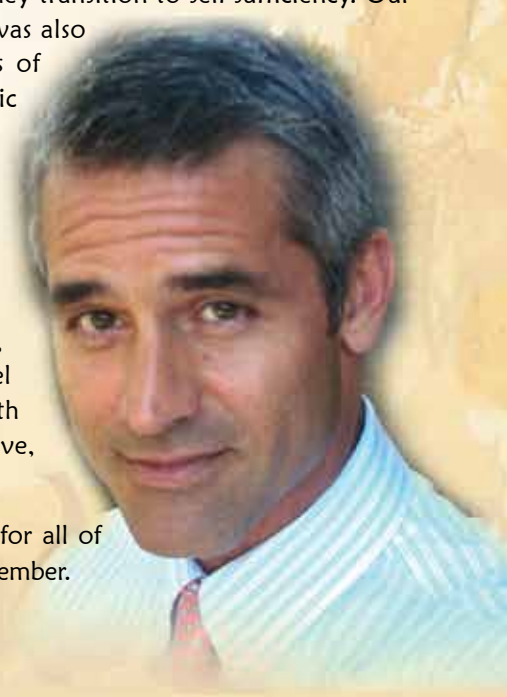
DECEMBER 17th – Miriam's House Holiday Party and 2nd Annual Raffle from 3:00PM to 7:00PM

A message from **BRYAN MOELLER**

Chairman of the Promises Foundation Board of Directors

As we look to the end of yet another successful year at Miriam's House, we have so many reminders of the many things to be grateful for. The house is filled with life right now with 14 women and 17 children. At the Promises Foundation, we are blessed to have such a broad array of friends and supporters in the community who share our passion of helping the women and children find better lives filled with hope and healing. We've had a long waiting list at Miriam's House for quite some time and look forward to serving more families in the coming year. Our 6th Annual Polo in the Palisades event raised over \$250,000 which will go a long way in helping keep families together as they transition to self-sufficiency. Our 3rd Annual Miriam's House Poker Run motorcycle event was also a big success as we raised over \$5,000! We had hundreds of participants and made a lot of new friends. During tough economic times like these, the demand for social services has increased and normal funding sources that serve the needy have dwindled considerably. It's through the generous donations of our sponsors and community partners that we are able to maintain our unique home. We know we have many friends who care about the important work we do and we don't take for granted the love of the many people that have made a difference for us this year. We are especially grateful for the incredible Board of Directors and staff we have along with the dozens of regular volunteers who help bring parenting skills, meaningful workshops, career guidance, and countless hours of childcare. We also want to recognize the 12 panel leaders who bring AA, NA, and Alanon meetings into Miriam's House each week with incredible speakers and solid messages of recovery. Keeping families together through love, education and structured guidance is what fills our hearts with joy.

May you and your families have a blessed holiday season and know that we are grateful for all of the help we get from all of our friends. We hope you will join us at our Holiday Party in December.



6th Annual Polo in the Palisades 2011



Over 450 guests gathered at the Promises Foundation's 6th Annual Polo in the Palisades on September 18th, 2011 to honor the life and achievements of Lia and Victor Assad, Roger Canevari, and Bob Forrest at Will Rogers Historic State Park. With Tom Arnold as Master of Ceremonies and Paul Hughes as Live Auctioneer, the day was filled with humor as well as fellowship. Together we raised over \$265,000 for the life-changing programs of Miriam's House! Our heart-felt gratitude goes out to all our supporters. We look forward to seeing you again next year!

Polo Event Sponsor

- Wells Fargo

Polo Team Sponsors

- Promises Treatment Centers
- Jim Irsay & The Indianapolis Colts
- Aileen Getty



The Promises Foundation would like to thank the following sponsors:



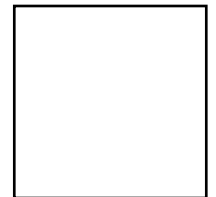
please r.s.v.p
to rhonda@promisesfoundation.org

For more information please call (310) 636-0165

Come share the spirit of the season!
Music, Food, and Holiday Cheer!
December 17th from 3 – 7 pm

Miriam's House Holiday Party & 2nd Annual Raffle

The Promises Foundation/Miriam's House
P.O. Box 662087
Los Angeles, CA 90066
Ph. 310 636-0165 • 310-390-0800
www.promisesfoundation.org



MIRIAM'S HOUSE MISSION STATEMENT

To provide women and children with a sober, safe and nurturing environment, providing resources for parenting and life-skills to facilitate long-term sobriety and a successful future for them and their families.

*The Promises Foundation
is a 501 c 3 public charity -
Fed. Tax ID # 95-4742110*

To:

Address Correction Requested