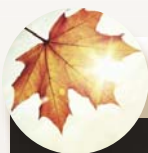


KEEPING FAMILIES TOGETHER BY EMPOWERING THEM WITH THE LIFE SKILLS NEEDED FOR A DRUG AND ALCOHOL ABUSE-FREE FUTURE.



SPOTLIGHT ON ALUMNI Chrissy Clark



Throughout the course of my active addiction, my life was complete chaos. The idea of stability seemed like a foreign concept. During the first 6 years of my daughter's life I dragged her from one bad situation to the next.

Once I finally made the decision to put myself into treatment, our lives began to change in ways that were truly unexpected. My daughter Caleb and I were incredibly blessed to have found Miriam's House and the wonderful people who provided so much love and inspiration. I worked a very structured program While residing at Miriam's House, and found strength and courage that I have never known. Caleb and I are now stable productive members of society. I am currently starting my second term as P.T.A. President of Charnock Elementary School. I'm a member of the Compensatory Education Advisory Committee which makes recommendations on how to spending federal funding to help at-risk and economically disadvantaged children.

I am a member of the Board of Friends of Charnock, a corporation designed to save the school arts program and was instrumental in establishing Girl Scout Troop #2355 in which my daughter is now a brownie. Caleb has become self-assured and an excellent student. She is taking violin lessons and sings in the City of Angels Children's Choir. The two of us have been Volunteering at a local Convalescent Home for the past 2 years.

I have a wonderful job and am a trusted member of the community. I know that as long as I stay clean and sober my life will continue to expand and improve in new and better ways.



SPOTLIGHT ON OUR BOARD OF DIRECTORS Dave Barge



I have been a contributor and proud Board Member of the Promises Foundation for 3 years. As the head of the Program Committee, I work regularly with the women and children of Miriam's House by bringing in AA panels and monthly Step Study Workshops. We have enhanced our program by bringing in classes such as Domestic Violence, Anger Management, Fiscal Responsibility and Yoga to help the mothers enrich their recovery and become better parents. I also work regularly with the Program Manager and House Coordinators to help them better serve the needs and sobriety of the families at Miriam's House.

I have served in the recovery community in several different capacities during my 37 plus years of sobriety. The House of Hope in San Pedro, Serenity House in Lomita, and the House of Miracles in Redondo Beach are a few of the transitional living homes on whose Board I have served. Working with the National Council of Alcoholism since 1980 I have had the opportunity to support many 12 Step houses. I am also a founding member of the Wayback Inn Detox Center. I have worked in several hospital settings including Gardena Memorial Hospital, South Bay Hospital and Long Beach Memorial Hospital. Currently, I am the CEO of the South Bay Family Roundup convention for AA, Al-Anon and Ala-Teen, the largest annual convention of its kind in the world.

Being on the Board of Miriam's House, working with the women and children, as well as the staff, has been a bright spot in my life and recovery. Having a deep knowledge of what it takes to help people in recovery, I am honored to be of service at Miriam's House. Not only *can* one person make a difference, but one person *does* make all the difference. COME JOIN US!!!

Celebrating Success!!

Congratulations to our Alumni celebrating sober birthdays!

- 1 year – Noreena K., Lucia M. & Amber A.
- 2 Years - Marie H., Maureen R., Veronica T., Mia Q., Leslee M.
- 3 Years – Kristina N., Marissa R., Rhonda E. & Chrissy C.
- Miriam's House residents Krista, Christine & Jonelle celebrate 1 year of continuous sobriety & complete the Miriam's House program.
- Thank you to the Messengers of Recovery for raising over \$3,600 for the women and children of Miriam's House during their 2nd Annual Poker Run on August 7th.
- A special thanks to our community partners who support the women and children of Miriam's House: Angel Step, Options for Recovery, Westside Partnerships for Families, The Sober Living Coalition, The Westside Hunger and Shelter Coalition.
- In Gratitude to Bright Horizons for adopting the Miriam's House families for the Holidays. The Bright Horizons Foundation for Children is a nonprofit organization focused on brightening the lives of children, youth, and families in crisis. The Foundation creates comforting places for children to grow and play, strengthens their families, supports their communities, shares their knowledge, and encourages others to join them in making a difference.

Current Events

- **OCTOBER 18TH** – Bright Horizons sponsors professional haircuts and photographs for the families of Miriam's House. Bright Horizons donates costumes for Miriam's House families to attend their Harvest Festival for Halloween.
- **OCTOBER 29TH** – Alumni Rhonda Evans is honored by the Westside Hunger and Shelter Coalition at their 15th Annual Celebrating Success Breakfast
- **NOVEMBER 7TH** – Miriam's House participates in the Westside Food Bank 5k Hunger Walk
- **DECEMBER 12TH** – Miriam's House Holiday Party & Open House from 3:00-7:00PM

The Promises Foundation Would Like To Thank
The Following Event Sponsors:





5th Annual Polo in the Palisades 2010



Over 600 guests gathered at the Promises Foundation's 5th Annual Polo in the Palisades on September 19, 2010 to honor the life and achievements of Aileen Getty, Gary Fisher, and Dr. Charles Sophy at Will Rogers Historic State Park. With Earl Hightower as Master of Ceremonies and Shari Belafonte as Live Auctioneer, the day was filled with humor as well as fellowship. Together we raised \$350,000 for the life-changing programs of Miriam's House! Our heart-felt gratitude goes out to all of our supporters. We look forward to seeing you again next year!

Special thanks to our Event Sponsors:

- ♥ Promises Treatment Centers
- ♥ Aileen Getty & The Gettlove Foundation
- ♥ Lia and Victor Assad & The Iacocca Foundation
- ♥ Jim Irsay & The Indianapolis Colts



*The Promises Foundation
is a 501 c 3 public charity -
Fed. Tax ID # 95-4742110*

To provide women and children with a sober, safe and nurturing environment, providing resources for parenting and life-skills to facilitate long-term sobriety and a successful future for them and their families.

MIRIAM'S HOUSE
MISSION STATEMENT

To:

The Promises Foundation/Miriam's House
P.O. Box 662087
Los Angeles, CA 90066
Ph. 310 636-0165 • 310-390-0800
www.promisesfoundation.org

Permit No. 4848

Los Angeles, CA

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Miriam's House Holiday Party & 2nd Annual Raffle

Come share the spirit of the season!

Music, Food, and Holiday Cheer!

December 12th from 3 – 7 pm

For more information please call (310) 390-3700

please r.s.v.p

to rhondae@promisesfoundation.org

Address Correction Requested